

Message from our Chairman

I would personally like to say I have missed you all. I hope you are all staying safe in these very difficult and different times. We are doing our very best to get our clubs up and running but I hope you can understand that with all the restrictions and procedures this is proving very difficult. We are still here for you though and if you have any questions please either ring Muriel between 9.00 am and 12pm on 01604 874710 or if you can't speak to her leave a message. You can also email on muriel@northamptonmencap.org.uk and Muriel will get back to you.

Sadly our Yvonne from Monday and Wednesday club passed away at the end of July. Lucy her niece said 'She passed away very peacefully and pain free with her mum and sister by her side'. A few of us were able to attend her funeral and it was good to talk to her family about Yvonne's involvement with the clubs. We will be holding a short memorial service sometime in the future and we will make sure you are all invited.

Rest in peace Yvonne

I look forward to seeing you all in the future best wishes and take care.

Joy
Chairman



This years Panto has been cancelled

It is with regret that we have had to cancel our booking for the panto in December this year but as soon as we can make a reservation for 2021 we shall be doing this.

“Oh yes we will!”

All planned events for this year have been cancelled but as soon as possible we shall plan events for next year.

Clothing Collection Wednesday 2nd December

If you have any unwanted clothes that you would like to donate to help us raise funds please bring them to the centre before 9.30am on the morning of 2nd December or ring Muriel and we will try to arrange to collect them from you.

Joy

You may not know this but Joy has been a volunteer with Northampton Mencap for 40 years this month. The Trustees would like to thank Joy for her hard work and dedication to the society and we look forward to her working with us for the next 40 years!



Joy

Stop Press!!

Joy was presented on behalf of us all a bouquet of flowers by Margaret Boughton. This took place at Christchurch on Sunday 18th October during the morning service. Thank you Canon Mandy.



Need help or just lonely

If any of our members need help in any way please do not hesitate to contact us. If you are lonely, having problems with benefits, social services, NBC, or anything else please let us know and we will endeavour to help you.

We are only a phone call away.

London Marathon 2020

Paul one of our Trustees volunteered himself to the challenge of running the London Marathon this year to help us raise vital funds.

As you may know the marathon was postponed from April due to Coronavirus and took place on Sunday 4th October in London but only for the professional runners. Everyone else took part virtually.

Speed was not important so Paul decided to walk 26.2 miles on behalf of Northampton Mencap. With a planned picturesque route from Milton Keynes to his home along the Grand Union canal on public footpaths and through farms and fields passing cows and sheep. He succeeded even though it rained solidly for 48 hours beforehand and he finally arrived home some 8 1/2 hours later no doubt knee high in mud! WELL DONE PAUL

You can still donate via

<https://uk.virginmoneygiving.com/NorthamptonMencap2020>



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Help us to raise funds

If you shop on Amazon you can sign up to Amazon Smile where Amazon will donate 0.5% of purchase at no cost to yourself. Or

Sign up to The Giving Machine

You join for free and choose us as your cause to support.

You generate commissions by shopping online (They work with over 1,500 retailers including

Amazon, Play.com, John Lewis, eBay, Sainsbury's and Next)

They then convert your commission into donations for us, your chosen cause.

You're raising funds for free!

Simples!!

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