

WE NEED YOU!



Volunteers

Fun and friendly club in Northampton providing social activities for adults with learning disabilities looking for new volunteers across multiple roles

Who we are

Who you are

<p>We are a very well established and managed local charity. We have a great group of adult members with a wide range of learning disabilities, our own premises and many excellent high-quality resources.</p> <p>What we are desperately missing is our next generation of volunteers and leaders. Come and join us, have fun and experience the rewards.</p> <p>Seeing the smiles and joy, no matter how you measure the skills demonstrated, is immense</p>	<p>You will be enthusiastic about working with other volunteers to enable our community of members with learning disabilities to have fun, socialise and enjoy games and activities together.</p> <p>Some of our existing volunteer base have been involved for 40+ years and are now less able to commit as much time and energy. We have a healthy turn over of university students who are able to spend 6 months to a year with us. The more we can supplement this group with additional volunteers the stronger the charity will be</p>
<p>We operate three clubs on Monday, Wednesday and Friday evenings and have volunteer opportunities for any one, two or three clubs</p>	<p>The opportunities are flexible to suit you, from a minimum of a couple of hours per week to as much time as you can spare</p>
<p>We have volunteers with a wide variety of backgrounds, certainly not all from social care or learning disability. People come along to develop and grow for personal or career development or just to keep 'ticking over' and contributing to the community in a fun, friendly environment.</p>	<p>You must be over 18, enthusiastic, happy to 'get stuck in', have a desire to give something back to the community, interested in trying something different and immensely rewarding. Willing to complete relevant DBS background checks and ongoing basic training and development</p>
<p>We are some of the nicest people in your community you may have never met; warm, friendly and fully inclusive. We are seeking help to maintain and develop our extensive full range of activities, eg.; encouraging someone who might be non-verbal to complete a jigsaw puzzle, chatting in small groups about football or TV soaps, doing arts and crafts, developing confidence with IT equipment and the internet, playing games and physical activities such as dance or ball games, organising trips to the bowling alley or Christmas panto or other local clubs.</p>	<p>Our Monday and Friday clubs smaller groups with no less enthusiasm and a wide range of abilities. The Wednesday group is the largest and has most concurrent and diverse activities in progress at all times. The clubs are very well established, the trustees and group as a whole recognise that new volunteers will bring new ideas and we are open to change. All practical suggestions will be met with enthusiastic consideration and likely full endorsement and support. Recent examples include introducing a regular dance teacher (pre-Covid) and using a grant from Royal Mencap for an investment in IT equipment for our members</p>

Further details please email muriel@northamptonmencap.org.uk or call Muriel on 01604 874710 Monday-Thursday 9:00-12:00